

# Sweet Carrots

Servings: 4

*These glazed carrots are sweet and colorful. They cook quickly in the Instant Pot, the end result being tender and moist.*

## ***Ingredients***

*1/2 Tbsp. butter*

*1 Tbsp. brown sugar*

*1/2 cup water*

*pinch of salt*

*2 cups baby carrots*

## ***Procedure***

- 1)** Combine the butter, sugar, water and salt in the Instant Pot.
- 2)** Stir the mixture while the pot is on sauté until the butter is melted.
- 3)** Add the carrots and stir to coat the carrots with the mixture.
- 4)** Steam the carrots for 15 minutes.
- 5)** Once the time is up, sauté the carrots until the liquid is gone.
- 6)** Serve hot.

*Nutrition Facts: Serving size: 1/4 of a recipe (3.2 ounces).  
Calories: 45.63, Total Fat: 1.51 g, Cholesterol: 3.82 mg, Sodium:  
118.94 mg, Potassium: 139.69 mg, Total Carbohydrates: 8.04  
g, Protein: 0.38 g*